

nārāyana upaniṣad (or nārāyana āthaṛva śīrśaṃ)

ōṃ ḥ saha nā'-vavatu ḥ saha no'w bhunaktu ḥ
saha vīṛ-ya'm-kara-vāva hai ḥ
tējaṣvi nāvadhī'-tamastu mā vi'd-viśā-vahai^ḥ
ōṃ śāntiḥ śāntiḥ śānti'h

atha puruṣō ha vai nārāyanō kāma-yata prajāḥ śr'jě-yētiḥ
nārāyaṇāt-prā'nō jāyatě ḥ
manah saṛ-vēṇ-dri'yāni ca ḥ
khaṃ vāyuṛ-jyōtiṛ-āpaḥ pṛuthivī viś-va'sya dhārinī ḥ
nārāyaṇād bra'hmā jāyatě ḥ
nārāyaṇād ru'drō jāyatě ḥ
nārāyaṇād i'ndrō jāyatě ḥ
nārāyaṇāt-prajā-pata-yah pra'jā-yaṇtě ḥ
nārāyaṇād dvāda-śā-diṭyā rudrā vasa-vas-sarvāṇi ca
cha'ndāgumṣi ḥ
nārāyaṇā-dēva samuṭ-pa'd-yaṇtě ḥ
nārāyaṇě pra'var-taṇtě ḥ
nārāyaṇě pra'li-yaṇtě ḥ
ōṃ ḥ atha niṭyō' nārāyaṇah ḥ
brahmā nā'rāyaṇah ḥ
śivaś-ca' nārāyaṇah ḥ
śak-raś-ca' nārāyaṇah ḥ
dyā-vā-pṛuthiṇ-yau ca' nārāyaṇah ḥ
kālaś-ca' nārāyaṇah ḥ
diśaś-ca' nārāyaṇah ḥ
ūrdh-vaś-ca' nārāyaṇah ḥ
adhaś-ca' nārāyaṇah ḥ
antaṛ-bahiś-ca' nārāyaṇah ḥ

nārāyaṇa ēvē'-daguṃ saṛvaṃ ।
yaḍ-bhūtaṃ yac-ca bhav-yaṃ ।
niś-kalō niraṇ-jaṇō niṛ-vi-kalpō nirā-khyā-taḥ
śuddhō dēva ēkō' nārā-yaṇaḥ ।
na dvitī-yō[^]sti kaś-ci't ।
ya ē'vaṃ vēda ।
sa viśnu-rēva bhavati sa viśnu-rē'va bhavati ।
ōṃ-iṭ-ya'grē vyā-ha-rēṭ ।
nama i'ti paś-cāṭ ।
nārāyaṇā-yēṭ-yu'-pariś-tāṭ ।
ōṃ-i't-yēk-āk-śaraṃ ।
nama iti' dvē akśarē ।
nārāyaṇā-yēti pañchā[^]-kśarāni ।
ētaṭ-dvai nārāyana-syā-śtāk-śa'raṃ paḍaṃ ।
yō ha vai nārāyanas-yāś-tāk-śaraṃ pada'-madhyēti ।
anapa-bruvas-sarva-mā'yu-rēti ।
viṇdatē prā'jā-paṭya-guṃ rāyas-pōśa'm gau-paṭyaṃ ।
tatō'-mṛtaṭva-maś-nutē tatō-mṛtaṭva-maś-nuta' iti ।
ya ē'vaṃ vēda ।
paṭya-gā-naṇḍaṃ brahma puruśaṃ praṇa-vasva'-rūpaṃ ।
akāra ukāra makā'ra iti ।

tānē-kadhā sama-bharaṭ-tadē-ta'dō-miti ।
yamuk-tvā' much-ya'tē yōgī, jaṇma-saṃsā'ra-baṇḍha-nāṭ ।
ōṃ namō nārāyaṇā-yēti ma'ṇtrō-pāsa-kaḥ ।
vaikuṇṭha-bhuvana-lōka'm gamiś-yati ।
tadhi-daṃ paraṃ puṇḍa-rīkaṃ vi'g~yana-ghanam ।
tasmāṭ-tadidā'-vaṇ-mātraṃ ।
bhrah-maṇyō dēva'kī-putrō brah-maṇyō ma'dhu-sūḍhanōṃ

sarva-bhūta sta-mē-ka'm nārāyaṇaṃ ।
kāraṇa-rūpaṃ-akāra pa'ra-bhahmōṃ ।
ēta-datharva śirō'-yō-dhītē ।
prātara'dhī-yānō rātri-kṛtaṃ pāpa'm nāśa-yati ।
sāya-ma'dhī-yānō divasa-kṛtaṃ pāpa'm nāśa-yati ।
mādhyana-dinam-ādityā-bhi-mukō'-dhī-yānaḥ ।
pañcha-pāta-kōpa-pāta-kāṭ-pramuch-yatē ।
sarva vēda pārāyaṇa pu'ṇyaṃ labhaṭ ।
nārāyaṇa-sāyujya-ma'vāp-nōti nārāyaṇa-sāyujya-ma'vāp-nōti ।
ya ē'vaṃ vēda । ityu'pa-nīsaṭ ।

ōṃ niraṇja-nāya' viḍmahē' nirā-bāsāya' dhīmahi ।
taṇna'h srīnivāsaḥ pracōdayāṭ ॥

ōṃ śāntiḥ ōṃ śāntiḥ śānti'h ।